



Families Thrive

An exciting resource to support our efforts to help families thrive in Contra Costa County.

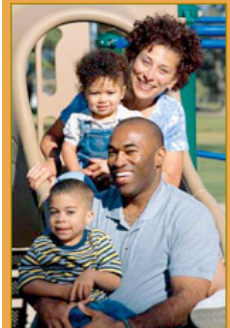
- ◆ **Learn about the issue of domestic and family violence**
- ◆ **Share best practices and what works**
- ◆ **Work together collaboratively**
- ◆ **Develop new resources and strategies**

Please
Join!

Forging partnerships and building responsive systems for children and families.

*A strategy of the Safe and Bright Futures for Children Exposed to Domestic Violence Partnership
part of Contra Costa County's Zero Tolerance for Domestic Violence systems change initiative*

www.familiesthrive.org



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What do we mean by 'Children Exposed to Domestic Violence'?

- ✦ Exposure to domestic violence affects a child's ability to learn and function in school, is associated with greater rates of antisocial behavior, substance abuse, mental illness, and adverse health outcomes in adulthood.
- ✦ Current research confirms that exposure to trauma such as domestic violence reshapes the human brain, influences personality, and personal skills and behaviors.
- ✦ And there is **Hope!** Together, we are going to learn more about this issue, discuss strategies to increase children's protective factors and resilience and explore what we can do as a community to forge new partnerships and build responsive systems for children and youth.

Who should participate?

If you are actively working to help support children and families in Contra Costa County this is for you!

- ✓ public agencies
- ✓ community organizations
- ✓ academic researchers
- ✓ health care providers
- ✓ policy makers
- ✓ foundations
- ✓ school administration
- ✓ teachers and more!

View the Presentations!

1. Go to www.familiesthrive.org
2. Click on 'Presentations and Discussions' tab
3. Click 'Sign In' and complete your registration
4. View presentations and join in the discussion

Join an Action Team!

- ▶ Want to get more involved? Send us an email!

For more information : email info@familiesthrive.org or phone (925)313-1791

